AMENDMENTS TO THE SPECIFICATION

On page 1, after the title, please insert the following paragraph:

This application is a U.S. National Stage application of co-pending PCT Application Number PCT/EP2004/007196, entitled "Athletics Shoe" and filed June 30, 2004, which claims priority to Great Britain Patent Application Number GB0315277.4, entitled "Athletics Shoe" and filed July 1, 2003. These applications are incorporated herein by reference in there entireties.